

September Ohio Congregate

513-244-5485

SOUTHWEST OH & NORTHERN KY				
Monday	Tuesday	1 Wednesday	2 Thursday	3 Friday
			September Birthday Celebration	
		Turkey Candwish on Wheet	Cook Out	
		Turkey Sandwich on Wheat - 9032	Cheese Burger	Sliced Deli Ham ch7005
		(ch b) ham sandwich on wheat ch7044	Potato Salad	
		Potato Salad	Baked Beans	w/ Swiss American Cheese slice
		Coleslaw Peaches Mayo (for turkey only)	Pears Cookie	Potato Wedges Broccoli
		Mustard (for ham only) Diet: same	Diet: same	Pineapple Tidbits Mustard / Ketchup
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	Diet: same 10 Friday
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	BBQ Beef - 9051	Hawaiian Pineapple Ham - 9094	Summer Salad - 9070	Grilled Chicken w/ BBQ Sauce - 9049
	(ch b) grilled chicken brst ch7026	(ch b) pineapple topped chicken ch7013	w/ diced Eggs, Shredded Cheese,	(ch b) hamburger ch7006
CLOSED FOR	Peas & Onions	Whipped Sweet Potatoes	Grape Tomatoes, Broccoli Floret,	Green Beans
LABOR DAY	Peaches w/ Oat Topping	Peas	Unsalted Saltine Crackers (2 pk)	Yellow Squash
	Cole Slaw Bun	Wheat Bread (2 slices) Margarine	Ranch Dressing (ch b) beef & noodles w/gravy	Bun Pears
	Diet: same	Fruit Cocktail	green beans, diced carrots ch7052	Diet: same
		Diet: same	Pineapple-Orange Juice 100%	
12 Manday	44 Tuesday	45 Madagaday	Oatmeal Cookie	47 Friday
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
GRILLED SAUSAGE OR	SLICED TURKEY & GRAVY OR	CHICKEN SALAD SANDWICH OR	FLAME BROILED BEEF STK OR	HAM AND BEANS OR
BEEF PATTY	SLICED HAM	TURKEY SANDWICH	CHICKEN STRIPS	SLOPPY JOE
ONION AND PEPPERS	TRADITIONAL DRESSING	POTATO SALAD	ROASTED BABY BAKERS	SPINACH
SEASONED POTATO	GREEN BEANS	COLESLAW	MIXED VEGEATBLES	TATER TOTS
WEDGE	GREEN DEFINO	OOLLOL!!!	MINES VEGENTISEES	MERTOTO
MIXED VEGETABLES SLICE BREAD	SLICE BREAD	SLICE BREAD	SLICE BREAD	SLICE BREAD
MARGARINE	MARGARINE	MARGARINE	MARGARINE	MARGARINE
APPLE JUICE	DICED PEARS	PEACHES	BANANA	APPLESAUCE
SKIM MILK	SKIM MILK	SKIM MILK	SKIM MILK	SKIM MILK
FRUIT CUP	CHOC CRÈME COOKIE	GRAHAM CRACKER	SNACK BAR	SUNCHIPS
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
LASAGNA ROLLUPS W/ MEAT SAUCE	CINCINNATI CHILI	STRAWBERRY FIELDS SALAD-	SLOPPY JOE	
OR		CHICKEN		MEATLOAF
	OR	OR	OR OR	OR
CHICKEN STRIPS	OR MEATBALLS/MARINARA	OR STRAWBERRY FIELDS SALAD- TURKEY		_
ITALIAN MIXED		OR STRAWBERRY FIELDS SALAD- TURKEY MIXED GREENS &	OR PORK BBQ	OR
ITALIAN MIXED VEGETABLES	MEATBALLS/MARINARA SPAGHETTI	OR STRAWBERRY FIELDS SALAD- TURKEY MIXED GREENS & MOZZARELLA CHEESE	OR PORK BBQ GREEN BEAN	OR CHICKEN PATTY AUGRATIN POTATOES
ITALIAN MIXED VEGETABLES APPLE CRISP	MEATBALLS/MARINARA SPAGHETTI CORN AND BLACK BEANS	OR STRAWBERRY FIELDS SALAD- TURKEY MIXED GREENS & MOZZARELLA CHEESE GRAPE TOMATOES	OR PORK BBQ GREEN BEAN BABY BAKERS	OR CHICKEN PATTY
ITALIAN MIXED VEGETABLES	MEATBALLS/MARINARA SPAGHETTI	OR STRAWBERRY FIELDS SALAD- TURKEY MIXED GREENS & MOZZARELLA CHEESE	OR PORK BBQ GREEN BEAN	OR CHICKEN PATTY AUGRATIN POTATOES MIXED VEGETABLES
ITALIAN MIXED VEGETABLES APPLE CRISP SLICE BREAD	MEATBALLS/MARINARA SPAGHETTI CORN AND BLACK BEANS SLICE BREAD	OR STRAWBERRY FIELDS SALAD- TURKEY MIXED GREENS & MOZZARELLA CHEESE GRAPE TOMATOES UNSALTED CRACKERS	OR PORK BBQ GREEN BEAN BABY BAKERS HAMBURGER BUN	OR CHICKEN PATTY AUGRATIN POTATOES MIXED VEGETABLES SLICE BREAD
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